

Mains

Ma's Lasagna

A home-style, meat lasagna that you would be sure to find at Nona's house.

Slow cooked red sauce, ground veal, beef and pork, and assorted cheese

(Available Hot)

Vegetarian Lasagna

A vegetarian alternative to the traditional lasagna.

Full of and assortment of freshly cooked vegetables and a slow cooked Italian red sauce

(Available Hot)

Shepherd's Pie

Your choice of ground beef or ground chicken for our ultimate comfort food, shepherd's pie with whipped mashed potatoes and cooked with a fresh, organic, vegetable melody.

(Available Hot)

Frozen, Seasoned Flat Chicken

A seasoned chicken that just needs to be thawed and placed in the oven to make your entire house smelling as if you spent the whole day cooking

Hot Roast Chicken

Everyone's favorite lightly seasoned chicken. Cut into quarters

Homemade Hot Pockets

Hand folded pockets stuffed with meat, sauce, cheese and organic vegetables.

They make a great hot meal for something quick or on the go

Lemon and Dill Salmon Filet

The freshest recipes include the taste of dill and lemon

Just add olive oil and bake to impress your pallet with this fresh salmon dish

(Available Hot)

Non-Frozen

Chicken or Vegetarian Stir Fry

Rice, Noodles or Quinoa mixed with steamed broccoli, sprouts, sweet potatoes, spinach, mushrooms, onions, peppers, zucchini and a homemade peanut sauce

Taco or Fajita Kit (Meat, Vegetarian or Vegan)

All the essentials for a taco kit delivered to your door



Sides

Seasoned Roast Potatoes that can pair with every dinner (can be delivered frozen)

Basmati rice that you can heat from frozen on the stove with just a little water or coconut milk (can be delivered frozen)

Grilled Zucchini, Eggplant, Mushrooms, Onions, and Peppers seasoned and slowly barbequed, served hot or cold

Cold Potato Salad mixed with fresh ingredients and reduced fat dressing

Quinoa Salad cooked with seasonal, organic, vegetables and black beans

Candied Sweet Potatoes covered in cinnamon and brown sugar

Soup

Chili (Vegetarian Available) slow cooked with a hearty amount of meat, beans and fresh organic vegetables

Chicken Noodles Soup, aka *liquid gold*, cooked for 5 hours with kosher chicken, organic vegetables and fresh herbs

Organic Vegetable Soup pureed and served hot or cold

Salads

Organic Garden Salad, fresh vegetables and lemon vinaigrette dressing

Caesar Salad, romaine lettuce, crotons (no bacon) and a homemade dressing

